Redemption Hill Church Biblical Counseling Ministry
P.O. Box 482
Medford, Massachusetts 02155
counseling@redemptionhillchurch.com

Biblical Counseling Ministry Agreement

Dear Friend,

Welcome to the Biblical Counseling Ministry of Redemption Hill Church. We are grateful you are welcoming us into your life at this time. It is never easy to ask for help. We admire the courage, faith, and humility this first step represents on your part. It is our prayer that God will bless this step and use our time together to build more hope and direction into your life.

Our goal in the counseling ministry is to connect our members and our community friends to the life-transforming power of Jesus Christ. We are confident that through the Scriptures and the power of His Spirit, God has given us everything we need for life and godliness (2 Peter 1:3-4). It is our joy to help real people, with real problems using the Bible.

Our vision is larger than a few one-on-one meetings with a counselor. Rarely does lasting change happen in isolation. As a part of counseling, we will likely encourage you to be involved in the life of our church in a variety of ways as we walk together. Our approach to counseling focuses on helping you identify how your beliefs, values, and desires (Prov. 4:23; Matt. 6:21; Luke 6:45) express themselves in your emotions, relationships, decision making, and identity.

Our commitment as a church is to offer counseling services to our church members and fellow neighbors in Medford and Greater Boston. As a church, we are committed to help others glorify God with their thoughts, words, and actions through the community of faith. This is made possible by the redemptive power of Jesus Christ, the conviction and guidance of the Holy Spirit, and the instruction of God's Word. Your counseling will be biblical, pastoral counseling in which the Scriptures are held as the final authority in all matters. If you are not sure you will be interested in biblical counseling, you will have the option of attending one or two sessions to discover how biblical counseling may help you.

The next step in the counseling process is to complete the intake form you are now reading. We have designed it to enable the counseling process to start smoothly and connect you with the resources that fit your needs. The counseling form is designed to (I) help us to get to know you in a holistic and efficient manner and (2) help you organize your thoughts about your counseling objectives. **Please allow 30 minutes to complete these forms.**

We ask that you complete these forms carefully and submit them to the Redemption Hill Church Biblical Counseling Ministry. A Pastor will review them carefully, and follow up as soon as possible. Please indicate when you are available for appointments below. Please note, the narrower your availability the longer you may have to wait to receive counseling and there may be fewer counselors available to work with you.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
□ 9:00 – II:00	□ 9:00 – II:00	□ 9:00 − II:00	□ 9:00 – 11:00	□ 9:00 − 11:00	□ 9:00 – II:00	□ 8:00 − 9:00
□ II:00 – 2:00	□ II:00 – 2:00	□ II:00 – 2:00	□ II:00 – 2:00	□ II:00 – 2:00	□ II:00 – 2:00	□ 2:00 – 5:00
□ 2:00-4:00	2:00- 4:00	□ 2:00-4:00	□ 2:00- 4:00	□ 2:00-4:00	□ 2:00-4:00	□ 5:00 − 8:00
Other:	Other:	Other:	Other:	Other:	Other:	Other:

Counseling sessions typically last an hour. Childcare is not provided. Please arrange to be on time to maximize your benefit from counseling.

We are grateful to be able to serve you and look forward to walking with you through God's agenda for your life.

Tanner Turley Lead Pastor Redemption Hill Church, Medford, Massachusetts



COUNSELING INTAKE FORM

PERSONAL INFORMATION

Date:	
Name:	Gender: Male 🗆 Female 🗀 Age:
	City/State: Zip:
	May we leave a message here: ☐ Yes ☐ No
	May we leave a message here: ☐ Yes ☐ No
Occupation / Employer:	Avg. Hours/Week:
Birth date: / /	Email Address:
Social Security Number (needed in case of e	mergency reporting):
Highest degree(s) earned:	School:
How did you hear about counseling at Red	emption Hill Church?
Marriage & Family Information: (Please	nildren Boyfriend Girlfriend Other: e complete if you are currently engaged, dating, or have children) Your Spouse's Age:
Address: (same as above)	
Phone #:	
Occupation / Employer:	Avg Hours/Week:
Highest degree(s) earned:	
Is spouse willing to come for counseling?	
	No \square Currently When/How Long:
Date of Marriage:	Your ages when married: Husband Wife
How long did you know your spouse befor	e marriage?
	Length of engagement:
Give brief information about any previous	
List children names, ages, and gender:	

^{*} Other relevant information can be written on the back of this page.

SPIRITUAL / RELIGIOUS INFORMATION

Church Name:		Number of Years at Church:	
Church Attendance:	Times per month	Number of Years at Church: Are you a part of a small group? ☐ Yes	□ No
If "Yes", who is your small	group leader?		
Please list any ministry invo	lvement:		
Church attended in childho	od:		
	· ·		
HAVE YOU BEEN BAPTIZ	ZED? □ Yes □ No V	Vhen:	
If applicable, what is the rel	igious background of your sp	Douse:	
Do you and your spouse op	penly discuss and encourage	es per month one another in your faith? Yes No	
DO YOU PRAY TO GOD What do you pray about:)? □ Yes □ No How o	ften:	
_	SUS CHRIST PERSONALL certain Don't know wh		
How would you define the	Gospel and what it means to	be a Christian?	
Please note any recent cha	anges in your spiritual life: _		

PERSONAL HEALTH INFORMATION

I. Have you had counseling before? \square Yes \square No \square Currently					
3. If yes, list counselor/therapist, issues/topics/diagnosis, your evaluation of counseling, and dates:					
What was the outcome?					
self-confident persistent nervous -blue excitable imaginative calm	hardworking impatient shy serious easy-going good-natured				
Fear	Peer Pressure				
	ing words which best describe you neelself-confident persistent nervous blue excitable imaginative calm ble leader hard-boiled submissive "I" if mild; "2" if moderate; or "3" if sear Fear Financial Management Greed Grief Guilt Homosexuality Humility Identity Insecurity Insecurity In-Law Conflict Judgmental Leadership Lifestyle Change Loneliness Lying Manipulation Marital Intimacy Moodiness On-Line Sins Panic Attacks Parenting				

7. On a scale of I-10, how distressed are you?					
8. What have you done about your problem (most effective and least effective)?					
9. Other than counseling, what help are you seeking?					
10. Please describe any family history (the family that you grew up in), which might be pertinent to the concerns that you bring to counseling (your relationship with your parents, their relationship with each other, significant losses or events):					
II. What are your expectations or concerns in coming to counseling?					
I2. What do you believe you will have to change to see the progress you desire?					
13. Is there any other information we should know?					

Thank you for taking the time to complete these forms. The information you have provided will enable us to better serve you.

Redemption Hill Church Biblical Counseling Ministry Policy Review

Instructions for Policy Review: After carefully reading each policy please initial in the space provided to indicate your understanding and agreement. If you have questions please call the church office. If for any reason you are unable to sign these forms, we will be unable to serve you.

Your Rights as a Counselee: As a counselee you have the right to discuss possible outcomes and challenges regarding the counseling and receive an estimate of the predicted length, goals, and outcome of the counseling, as well as alternative options to that counseling. You have the right to ask about and/or refuse any techniques used. You are encouraged to report to an elder/pastor at Redemption Hill Church or the appropriate authorities as defined in "The Waiver of Liability" below, if you have any grievances regarding the counseling. You may terminate counseling at any time, but we encourage you to consult with your counselor as to the best way and time to do so.

Not Professional Advice: If you have significant legal, financial, medical, or other technical questions, we may help you seek advice from an independent professional in that field.

FINANCIAL POLICY

The counseling ministry at Redemption Hill Church is part of our ministry to our members and our community. We do not charge for the counseling services offered. The generosity of our members allows us to offer these services free of charge. If our ministry has been a blessing to you and God has given you the means to do so, a gratitude gift, though not expected, is welcome. In such cases, checks should be made out to "Redemption Hill Church" with "Counseling Ministry" in the memo, rather than to a particular pastor or counselor. Any gift will be put back into the counseling ministry to further make known the change found through Jesus Christ.

***	Initial here	if you understa	and agre	e with this	Financial Policy	/ :
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APPOINTMENT CANCELLATION POLICY

We want to be a good steward of the time and resources of the counseling ministry. Therefore, we request a 24 hour notice if you wish to cancel or are unable to keep an appointment. If you are unable to keep a scheduled counseling appointment, you should call your assigned counselor, and if they are not available, the church office at (781) 866-6095 to cancel. We understand emergencies happen, so please keep us informed.

\$25.00 for the first appointment missed or cancelled with insufficient notice. \$50.00 for all subsequent appointments missed or cancelled with insufficient notice.

*** Initial here if you understand and agree with this Cancellation Policy: _____

PHILOSOPHY OF CARE

We are committed to providing a balanced and Biblical approach to counseling. By biblical counseling we mean that your counselor is a Christian with special training and experience in applying the truths of the Bible to life. We believe the Bible speaks to all of life and all of its problems, but it takes careful thought and prayerful wisdom to know how to make those connections. We do not believe the Bible is simply a how-to book for happiness.

We are confident that through the Scriptures and the power of His Spirit, God has given us all the instruction necessary for life and godliness (2 Peter 1:3-4). It is our joy to help real people, with real problems, using the Bible. Your counseling will be biblical, pastoral counseling in which the Scriptures are held as the final authority in all matters. If you are not sure that you will be interested in biblical counseling, you will have the option of attending one or two sessions to discover how biblical counseling may help you.

Most importantly, we believe the Bible ultimately points us to a Person – the Lord Jesus Christ. We believe real change comes when people learn to see themselves and their problems in the context of a living, vital relationship with Christ. This does not mean that you must be a Christian to profit from our counseling, although we believe deep and lasting change is brought about only by God himself. Because of this, we do not use the Bible in a superficial or heavy-handed way.

In order for you to receive the maximum benefit of our counseling, please strive to: 1) attend each session with a commitment to grow; 2) be as open and honest as possible; 3) exercise patience in working toward positive change happen; 4) complete any growth assignments in preparation for the next session.

When necessary we will work with your physician to ensure you receive the appropriate medical care in conjunction with the counseling services you receive.

The Biblical Counseling Ministry Team: Redemption Hill Biblical Counseling Ministries utilizes the help of both trained lay volunteers and pastors. Our counselors do not know everything about biblical teaching and its application to life; nevertheless, they do know much and will do their utmost to help you. Counselors will honestly tell you if they require additional assistance from another member of the Biblical Counseling Ministry. Please understand that biblical counseling consists of a Christian providing scriptural advice and practical application. Yet the counselee is held fully responsible for how he/she implements that advice (James 1:23-25). In addition, our counselors are neither psychologists, nor professional counselors. The ministry team consists of pastors, lay counselors, and trainees under the direction of the church elders. The staff of Redemption Hill Biblical Counseling Ministries will supervise the trainees and lay volunteers.

*** Initial here if you understand and agree with this Philosophy of	Care:
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CONFIDENTIALITY CLAUSE

Confidentiality is an important aspect of the counseling process. We carefully guard the information you entrust to us to the fullest extent possible. As a church-based counseling ministry, we do not offer absolute confidentiality. There are times, however, when it may be necessary for us to share specific information with others. Examples include, but are not limited to, matters of church discipline (cf. Matt. 18:15 ff.), criminal activities, and potential harm to self or others. Additionally, when a counselor is uncertain how to address a particular situation, the counselor may consult with another member of the Biblical Counseling Ministry team at Redemption Hill Church for the purpose of providing the highest level of care within the ministries of the church. To best care for you, we will work together as a ministry team while keeping the circle of confidentiality as tight as possible.

There are times when counseling information may be shared outside the church context. Those exceptions would include, but are *not* limited to the following:

- · known or suspected abuse of any kind
- · the intent to take criminal actions or violence against another person
- · credible suicidal thoughts or intentions

If you are suicidal during the course of your counseling with your counselor, it is crucial that you talk with your counselor about these matters. By initialing below, you agree to share any suicidal thoughts or intentions with your counselor at any time they arise, and by phone if they occur in between sessions, and that you would seek medical care if you become suicidal in the course of your counseling.

In the case of marriage or family counseling, there is limited confidentiality, meaning the confidentiality belongs to the couple and not the individual.

Confidentiality for counseling at Redemption Hill Church is defined by pastor-parishioner privilege because we are a local church and our counselors operate as agents of the church (pastors/ministers) not agents of the state (licensed counselors). This means counseling conversations are inadmissible in the court of law in the same way as conversations with a priest in a confessional booth. All counseling forms and notes taken by the counselor are the property of Redemption Hill Church Biblical Counseling Ministries. They are protected as confidential and may not be used in court proceedings or any other way that is not authorized by the Biblical Counseling Ministry Team. If your counseling needs require professional representation in a court setting by a counselor, Redemption Hill will likely *not* be the best-fit for your needs.

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WAIVER OF LIABILITY

In seeking counseling from Redemption Hill Church, please acknowledge your understanding of the following conditions and further release Redemption Hill Church, her elders, staff, counselors, employees, and all ministry team leadership, from any legal liability, claim, or litigation arising from your participation in this voluntary program:

- I. Counseling will be provided by pastors or church-trained lay leaders. The counseling staff is *not* a licensed counseling service through the state of Massachusetts;
- 2. All counseling is provided in accordance with the biblical principles adhered to by Redemption Hill Church and are not necessarily provided in adherence to any local or national psychological or psychiatric association;
- 3. No representation has been made, either expressly or implied, that the biblical counseling, as conducted by the above mentioned counselors, is accepted as customary psychological and/or psychiatric therapy within the definitional terms utilized by those professions;
- 4. It is understood by the participant counselee(s) that all complaints and grievances will be heard by the elders of Redemption Hill Church. If the goal of reconciliation cannot be achieved between the aforementioned parties, then the participant counselee(s) may elect to involve *Peacemaker Ministries, Inc.*, at their expense, for the purpose of mediation or arbitration.

***	Initial here if	you understand	l and agree with	this Waiver	of Liability: _	
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CONSENT TO COUNSEL

Having read and understood Redemption Hill Church's Policy, Confidentiality Clause, Waiver of Liability, & Ph	,
I,	
I also understand Redemption Hill Church may termina of care and/or agreed upon administrative issues, failur misconduct, violence or other similar issues.	•
**************************************	* * * * * * * * *
 You have read the policies in this document; You agree with and understand each of these policies. You are enrolling yourself into counseling of your or 	
Counselee Signature	Date
Counselor Signature	Date
Having clarified the principles and policies of our couns opportunity to walk with you as Christ enables you grobody. If you have any questions about these guidelines, church office.	ow in spiritual maturity and usefulness to His

Please mail this form back to:

Redemption Hill Church Attn: Biblical Counseling Ministry P.O. Box 482 Medford, MA 02155

*You can also scan and email a copy to: counseling@redemptionhillchurch.com.

Please email us with any questions. We look forward to working with you!